

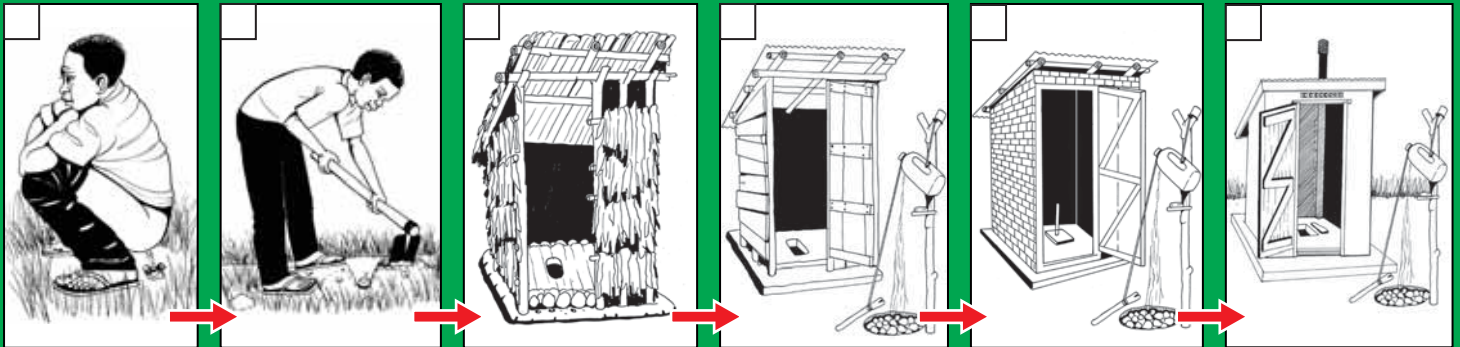
EKIPANDE KY'OKUKYEBERERAHO OMUKUTAYAAYA

Eiziina ry'ishe neinga nyina: _____ Eiziina rya VHT: _____
 Ekyaro: _____ Ebiro by'amatayaayo: _____

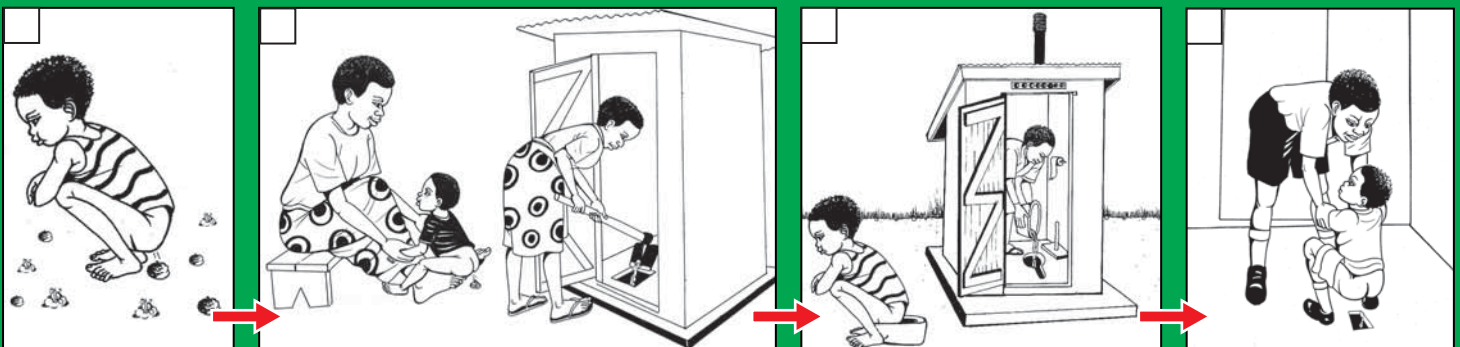
1. Shwijuma na mukama w'eka omuringo ogubarakozesa obwahati reero okyebere omukashanduuko akareereka omuringo ogubarakozesa obwahati.
2. Kurugirira ahamuringo ogubarakozesa hatiya, muhanuure ahankora y'omutindo eyayorekwa ahamukono gwa buryo ogw'enkora eriho hatiya. Omukuhanuura kwanyu, buuza..
 - Oburemeezi obweeka ereije kutunga bwanyima y'okuhindura ahankora eibarakozeesa hatiya?
 - Muhanuure kuharaabe hariho omuntu weena omuka orahakaniisa eky'okuhindura ahankora eriho hatiya ahabw'emigyenzo y'obuhangwa neinga eshonga endiijo.
3. Zingirira omuringo gw'okubanza, ogwakabiri neinga ogwakashatu oguweikiriza kukoreesa.
4. Ta omukono ahandagaano kandi oyeraganiise okuhanya ngu omuringo ogwe gwakora.
5. Bwanyima, biikagye ekipande, kuhisya ahakutaayaaya okundi.

N'obujunanizibwa bweitu twena, okumaraho enkora y'okwejunira omumyanya etangeire, enkora y'oburofwa hamwe n'endwara ezirarugamu!'

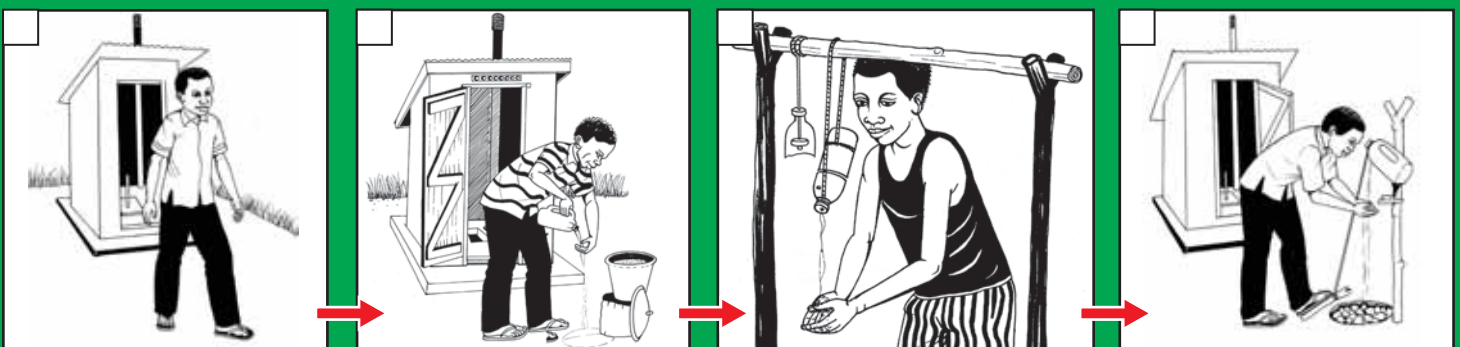
Okunaga amazi



Okunaga amazi g'omwana omumuringo guteine kabi



Okunaaba omungaro n'esabundi /kashenda ahanyima y'okwejuna



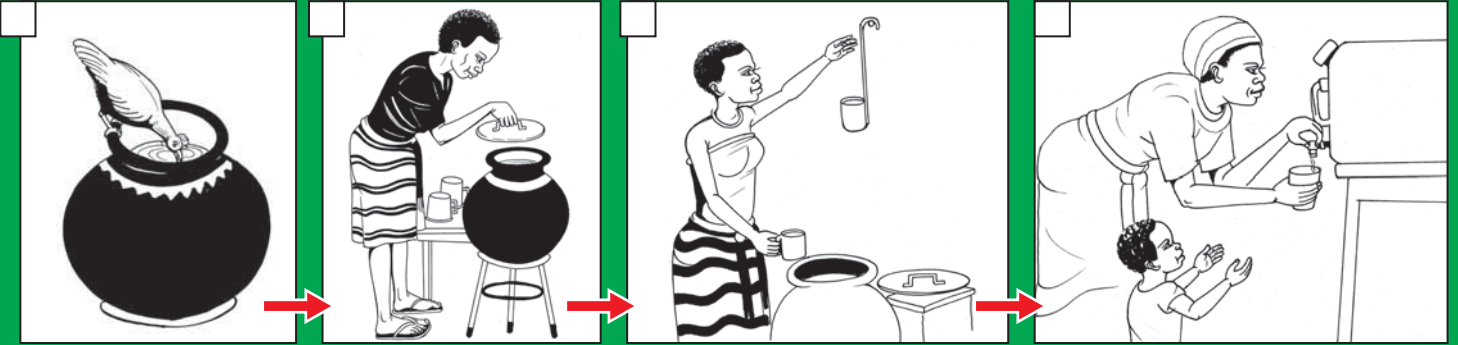
Yonja oburugo bw'ameizi

4



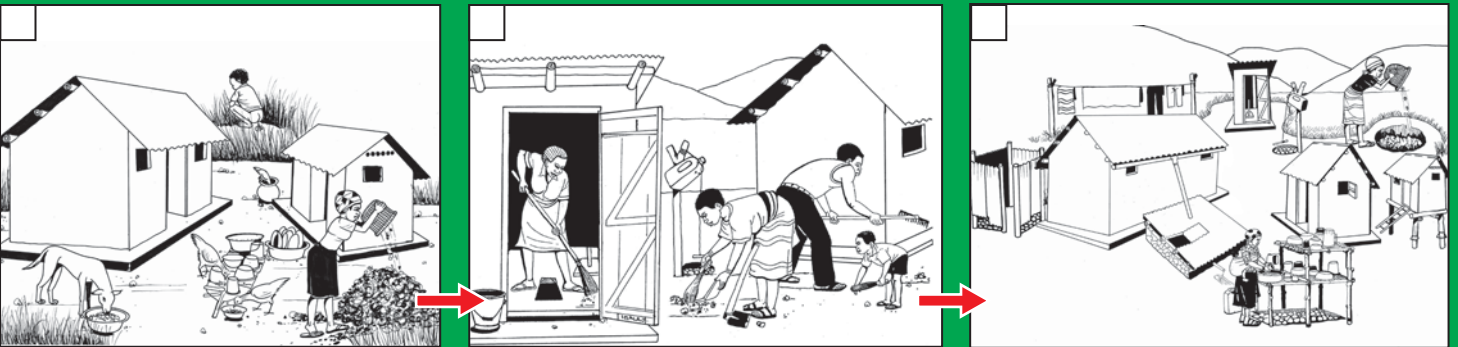
Okureebereragye ameizi

5



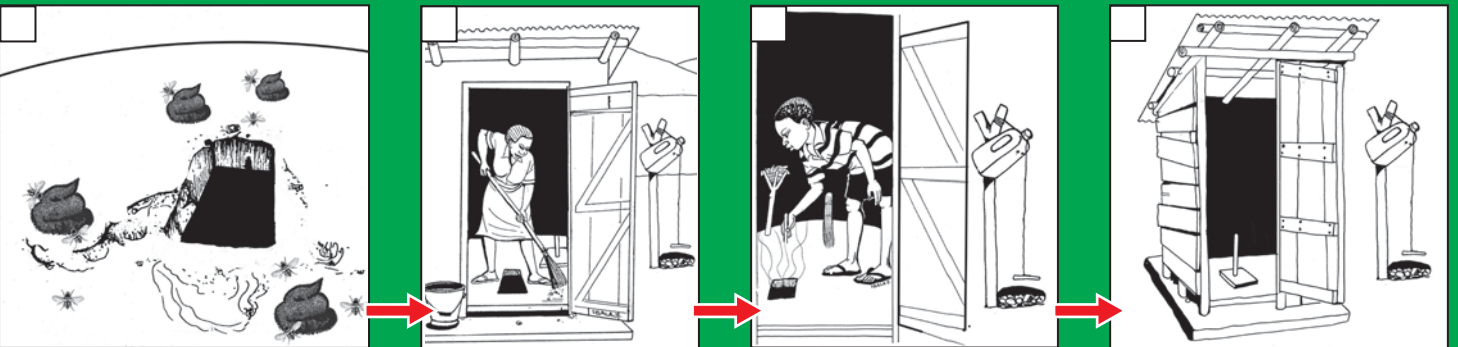
Okuyonja enju yaawe hamwe n'embuga

6



Okuyonja ekamina

7



Obwiire obu oshemereire kunaaba omungaro

8

