WASH and Nutrition Integration and Small Doable Actions

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WASHplus
Focus on Integration

• WASH and HIV
• WASH and Neglected Tropical Diseases
• WASH and Nutrition
• WASH in Schools

• Information on WASHplus’ work on integration
www.washplus.org
Conceptual Framework for Child Nutrition

DIETARY INTAKE
- Adequate amounts of diverse and quality food
- Proper child care and feeding practices

DISEASE PREVENTION & TREATMENT
- Access to health services
- Access to WASH infrastructure and proper hygiene behavior

Source: USAID, Technical Brief, 2013
Integrated WASH & Nutrition Activity in Mali

5 themes
- Hand washing with soap
- Safe disposal of infant feces
- Safe water treatment and storage
- Exclusive breastfeeding
- Complementary feeding

Activities
- Community-led total sanitation with sanitation marketing
- Screening and referring malnourished children
- Rehabilitating of water supplies and promoting of point of use water treatment
- Cooking demos w/ HW and POU promotion

Working through community health workers to promote an integrated set of Small Doable Actions to mothers with infant children
Small Doable Actions for WASH Behavior Change

- People rarely move from current to ideal practices
- Make it possible!!
- Identify, promote and facilitate improved behaviors that...
  - Have significant positive impact on health
  - Are feasible from ‘actor’ point of view in resource constrained settings
- Construct a continuum
- Integrate!!
ASSESSMENT AND NEGOTIATION

Father/Mother Name: ____________________________ Name of the Village Health Team: ____________________________

Village: ____________________________ Date of Visit: ____________________________

1. Assess with the householder what they are doing now for each of the key behaviors and mark a check in the corner of the current practice.
2. Based on the current behavior, discuss the improved behaviors to the right of the current practice. During your discussion, ask:
   - What problem the family will face to change the current practice to the improved behavior?
   - Discuss if there is anyone in the family who opposes to change the current behavior due to culture or other reason.
3. Circle one, two or three behaviors that you agreed upon to practice.
4. Seal the agreement as a commitment and make an appointment to see the improvement behavior.
5. Finally, hand this card to them to put it security on a wall or store in the family health card.

“IT IS OUR RESPONSIBILITY TO END OPEN DEFECATION, UNHEALTHY PRACTICES AND THE DISEASES THEY BRING!”

Disposal of feaces

1. Safe water handling
2. Washing hands with soap/ash after defecation
3. Keeping latrine clean
4. Essential times for hand washing
5. Cleaning your house and compound

Keep Water source clean

Safe water handling

Cleaning your house and compound

Keeping latrine clean

Essential times for hand washing
Thank You!!

For more information or questions

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